



Purok 4. Bancal, Botolan. Zambales. 2202. Tel: 0966 659 7513 SEC Reg # CN201510489. TIN 009-050-972  
A PCG accredited training and certifying organization.

**Lifeguard Training Scholarship Application form**  
(PLEASE PRINT)

Family name First name Middle name / initial

Address

DOB Month Day Year Age Marital status

Attach copy of Birth Certificate.

Education achieved Elementary ( ) High School ( ) College ( ) Other  
Attach copy of any school records / graduations / diplomas you may have.

Upon completion you will be required to donate a total of Ten (10) days of your time towards our community safety programs etc, Schedule to be determined.

Requirements; Medical certificate issued by on / /

Payment of registration fee One Thousand Pesos (P1,000.00) Non refundable.

Pre requisites; Physically fit and able to perform the following swim tests. These will be conducted prior to your commencement of the lifeguard training course.

- 1/ Swim 400 meters in twelve (12) minutes or less.
- 2/ Run 200 meters, swim 200 meters and run 200 meters in eight (8) minutes or less.
- 3/ Retrieve rescue manikin from 2 meters deep water.

I the undersigned fully understand the requirement for me to donate 10 days of my time towards community programs with Zambales Lifesaving Inc., I also understand the risks and hazards involved in these activities.

That for myself, heirs, executors, administrators do hereby unconditionally release and forever discharge Zambales Lifesaving Inc., its staff and members thereof, the organizing committee, all sponsors and venue, lifesaving directors, and Philippine Coast Guard. their respective heirs, executors, administrators, successors and assigns from any and all liabilities, actions, claims demands, damages cost and expenses, which I may now or in the future have against them, or any of them, in any way arising out of or in a way connected to my participation in this scholarship lifeguard training program.

Signature over printed Name Date: / / 2021